

AHED - Advanced Health Education  
Rua Manuel Joaquim Avelar, 118 - Piso 2  
2750 - 421 Cascais  
phone +351 911 191 954  
info@ahed.pt >> [ahed.pt](http://ahed.pt)

 / MULTIPROFESSIONAL CARE  
INTEGRATION CHALLENGES

# STROKE / AN INTEGRATED APPROACH

20-105



# STROKE / AN INTEGRATED APPROACH

20-105

**COURSE COORDINATOR** >> Miguel Viana Baptista, MD, PhD

## COURSE PRESENTATION

A dedicated one week stroke course, designed to physicians interested in stroke care, as well as those looking for a general approach to cerebrovascular disease.

Faculty includes experts in the field, with previous scientific and teaching experience.

Learning objectives are focused on clinical practice. Nevertheless, controversies and hot topics will also be addressed, from epidemiology to acute stroke treatment and rehabilitation.

The course includes visits to outstanding clinical settings, lectures and theoretical-practical sessions with stroke experts, as well as extended sessions devoted to discussion of clinical cases hosted by senior neurologists.

## LEARNING OBJECTIVES >> KNOWLEDGE AND SKILLS TO DEVELOP

- 1 Understand the magnitude of stroke in Portugal;**
- 2 Recognise the most frequent clinical syndromes and differential diagnosis;**
- 3 Manage the patient in an acute setting, as well as understand the therapeutic options, respective clinical scenarios and the role of each healthcare professional;**
- 4 Organise a set of etiologic investigations and interpret their results;**
- 5 Initiate measures of secondary prevention of stroke according to the cause.**

## TARGET AUDIENCE

Main target audience are physicians: neurology, neuroradiology, internal medicine and general practitioner residents; general interns; specialists looking for refreshment in stroke may also be considered. Other health care professionals such as nurses and physiotherapists may be exceptionally considered but participation is subject to approval.

## ATTENDANCE REQUIREMENTS

80% attendance is mandatory for issuing attendance certificate and CME credits and/or ECTS

## ADMISSION CRITERIA

- >> MD Degree (priority)
- >> Other health care professional degree (subject to approval)

## MAX. ATTENDEES

- >> 30

# STROKE / AN INTEGRATED APPROACH

20-105

## AGENDA

### 2020 / JULY

#### JUL 6<sup>TH</sup>

8:30 am - 7:00 pm

@ Nova Medical School (Campo de Santana)

- >> Welcome and Housekeeping  
/ Introducing participants  
/ Agenda overview
- >> Epidemiology of stroke in Portugal
- >> Risk Factors  
Overview for primary care
- >> The brain and the cerebral circulation
- >> Stroke Syndromes I
- >> Stroke Syndromes II
- >> Illustrative case studies  
Discussion

#### JUL 8<sup>TH</sup>

8:30 am - 7:00 pm

@Hospital de São Francisco Xavier

@Nova Medical School

- >> Visit - Stroke Unit CHLO - HSFX
- >> Etiology  
Common versus uncommon causes
- >> Cardiac embolism  
What is the role of atrial fibrillation?
- >> Small vessel disease  
Clinical and imagiological phenotypes
- >> Secondary prevention I  
Antithrombotics
- >> Secondary prevention II  
Risk factors management
- >> Illustrative case studies  
Discussion

#### JUL 7<sup>TH</sup>

8:30 am - 7:00 pm

@ Nova Medical School (Campo de Santana)

- >> Visit  
Neuroradiology - Angio Suite - CHULC -  
- Hospital de São José
- >> Imaging of the brain in the acute setting  
of stroke
- >> Managing the acute patient  
and initiating thrombolysis
- >> Endovascular treatment  
Mechanical thrombectomy
- >> Stroke units and monitoring
- >> Treatment of acute stroke  
What else is there to do besides specific  
treatment?
- >> Illustrative case studies  
Discussion

#### JUL 9<sup>TH</sup>

8:30 am - 7:00 pm

@ CUF Tejo Hospital

- >> Visit  
Neuroradiology CT / MR / US – HCT
- >> TIA - An evolving concept
- >> Ultrasound in cerebrovascular diseases  
Large artery disease
- >> The role of imaging  
in the investigation of stroke  
CT and MR
- >> Intracerebral hemorrhage
- >> Cerebral venous thrombosis
- >> Illustrative case studies  
Discussion

# Ahed.

Advanced  
Health  
Education

by NOVA Medical School

# STROKE / AN INTEGRATED APPROACH

20-105

## AGENDA

**2020 / JULY**

**JUL 10<sup>TH</sup>**

8:30 am - 7:00 pm

Escola Superior de Saúde do Alcoitão

- >> Visit  
Rehabilitation center CMRA
- >> Rehabilitation  
A long way to go
- >> Rehabilitation  
Back to basics
- >> Rehabilitation  
Pharmacological and targeted interventions
- >> Post-stroke cognitive impairment
- >> Clinical and research future perspectives

# Ahed.

Advanced  
Health  
Education

by NOVA Medical School

# STROKE / AN INTEGRATED APPROACH

20-I05

## FACULTY

- >> Manuel Correia MD, PhD
- >> José Carlos Bandeira e Costa, MD
- >> Alexandre Amaral e Silva, MD
- >> Nuno Inácio, MD
- >> Sofia Calado, MD
- >> Isabel Henriques, MD, PhD
- >> João Reis, MD
- >> Jaime Pamplona, MD
- >> Pedro Vilela, MD
- >> Mariana Dias, MD
- >> Isabel Fragata, MD, PhD
- >> Nuno Ferreira, MD
- >> Ana Paiva Nunes, MD
- >> Teresa Pinho e Melo, MD
- >> Luís Campos, MD
- >> Teresa Mesquita, MD
- >> João Pedro Marto, MD
- >> Ana Catarina Fonseca, MD, PhD
- >> João Sargento Freitas, MD
- >> Fátima Grenho, MD
- >> Gustavo Santo, MD
- >> Gabriel Branco, MD
- >> Manuel Manita, MD
- >> Patrícia Canhão, MD, PhD
- >> Elsa Azevedo, MD, PhD
- >> Tiago Batista, MD
- >> João Pinho, MD
- >> Diana Aguiar Sousa, MD
- >> Miguel Rodrigues, MD
- >> Jorge Jacinto, MD
- >> Ana Cristina Sousa, MD
- >> Isabel Baleia, PT
- >> Patrícia Almeida, PT, MSc, PhD
- >> Sofia Proença, MD
- >> Vítor Tedim Cruz, MD, PhD
- >> José M Ferro, MD, PhD

**CREDITS >> 4 ECTS**



**DURATION >> 40 HOURS**

**PRICE >> 1.190€**

## INCLUSIONS AND EXCLUSIONS IN PRICE

The price published for each course includes teaching fees, space rental, certificate of attendance, and materials used during the course. The price of the course doesn't include hotel accommodation, lunches, and dinners on course days, nor any other items unless specifically mentioned. Prices of courses published by AHED are exempted of VAT. Other items priced by AHED apart from courses may however include VAT.

## APPLICATION, ADMISSION AND REGISTRATION

When applying for a course at AHED – Advanced Health Education, the applicant subjects personal and professional data that will be verified and assessed to check that admission criteria for that specific program are met. Once an application is approved, registration in the course is admitted and will require payment of the price published for the course.

## APPLICATION FEES

Application fees are as follows:

- 100 € for courses priced above 1000 €
- 50 € for courses priced below equal to 1000 €

Application fees are non-refundable.

## COURSE REGISTRATION FEES

The registration stage is considered completed when the total price of the course is received by AHED.

# Ahed.

Advanced  
Health  
Education

by NOVA Medical School

# STROKE / AN INTEGRATED APPROACH

20-105

## PAYMENT OPTIONS

Payment options for application and registration include credit card (Visa, MasterCard), wire transfer in Euro, and Multibanco.

## EARLY BIRD

Application fees will be discounted from the course price for registrations completed 90 calendar days before the date of the course.

For additional information, please go to in Terms and Conditions at [ahed.pt](http://ahed.pt)

**APPLICATION DEADLINE >> JUNE 6<sup>TH</sup> 2020**

## INSTITUTIONAL PARTNERSHIPS

**NOVA**  
MEDICAL  
SCHOOL  
FACULDADE  
DE CIÊNCIAS  
MÉDICAS

## SCIENTIFIC PARTNERSHIPS



This meeting is endorsed by the European Stroke Organization. It is open to all who are interested in cerebrovascular diseases.

# Ahed.

Advanced  
Health  
Education

by NOVA Medical School